



Reports from UK Groups for the 2026 AGM

In-person UK Groups

London (Monday Night) – Dances of Universal Peace and Message Class, Various Teachers

The group moved from Wednesday to Monday nights in 2026 in order for the group to continue each year on the same day of the week, which has allowed for greater continuity. The group has become more consolidated, with regular attendees each week, varying from 7-15 participants. Almost all participants are new to our Inayatiyya Sufi path.

The group begins with the Dances of Universal Peace, led by Christalla (with support from Aziz and Ruth). The dances are followed by an hour-long Message class. This year, Nigel has offered a joint in-person and on-line Message class several times each term, with Aziz, Shams and Noor alima continuing to also offer the Message class. Social time (tea and biscuits) after the class has been a beneficial way for this new community to bond, and we are grateful to Christalla, Vakil and Amanda for their support, as well as Vakil for supporting registration.

Saturday Sufi Gatherings in London, Various Teacher

These are all-day events (11.30am–4.30pm) held in the Universel at the London Sufi Centre, which combine teachings, meditation and Sufi practices. Attendance has varied throughout the year, but an increased effort is being made to promote these events in advance, both at CCPE and in the Monday night group.

Many thanks to Shams, Aziz, Shakira, Margaret Amina, Noor alima, Noor un Nisa and Vayu for leading these day long events...and a very special thanks to Aeolia for stepping in to lead two of these Saturdays!

Bristol Group, Malik Mower

I'm very happy to report the coming into existence of the Bristol group, which currently has five regular attendees and four others interested and connected via our whatsapp group.

We began on May 6th in my home, and have met together 6 times.

We are now based in the small meeting room at Bristol Quakers Central and meet monthly on a Tuesday evening. We plan to move towards meeting every 2 weeks from Jan/Feb 2027.

Exeter Group, Penny Khanun Bayer

The Exeter group has met monthly for meditation. For six months we worked with the heart and wings symbol. A surprise gift of Zamzam water from Mecca led to a meeting on Sacred Waters, a theme followed up with gifts of sacred water from Buxton and Lourdes. To mark Pir Zia's conference at Glastonbury we had a meeting on the Holy Grail and the cup of Jamshid. Finally concepts of spiritual ecology (with the Emerald rules) and alchemy were contemplated.

With a core group of 6 people plus others who visit, there is a friendly exploratory atmosphere. One visitor has been put in touch with the Knighthood of Purity activity and another was interested in Ziarat.

Oxford Sufi Group, Marguerite Suria Wallis

The Oxford Sufi group continues to meet monthly on a Friday morning for nearly 2 hours. I am aware that those in work cannot make this time, so we are offering a few Saturday mornings of simple meditations with a poem/music and brief sharing for an hour.

The Friday group has become very supportive and nourishing with a core group of 4 who know each other well. There are a few new people who come regularly now. Sometimes there are 7 or 8 of us. Some come from further afield like Stroud and 2 regulars from Reading.

After Pir Zia's seminar last September, I was struck by his mentioning how our hearts can clench with all the challenges we face in these times of conflict and climate change. The next few months I offered some meditations on un-clenching the heart, softening the heart and lighting the candle of the heart. We all shared what helped our hearts soften and open.

This year, 2026 we have been drawing on the book by Mirabai Starr on St Teresa of Avila called The Interior Castle. Each of the 7 dwelling places have much to offer contemporary challenges, culture and the spiritual journey. This has been a rich contemplation blossoming into some beautiful meditations, wazifa's, chants and songs. There are some parallels with the spiritual planes, although we have mainly kept to the attunement of St Teresa as shared by Starr. Pir Zia's meditation on the Moral wound has been particularly important in naming the wound of falling short of our Ideal self- of remembering the Beloved. Something St Teresa struggled with and writes so passionately about.

Much heart-felt gratitude for all that is offered by the Inayatiyya.

Online UK Groups

Online Message Class (Monday Night), Various Teachers

The Message Class met most Monday nights throughout the year, from 7-8.15pm. The theme throughout the year was 'Healing and the Mind World'.

Nigel offered regular Sangitha classes that were well attended. Both the Message Class and the Sangitha class are attracting a mixture of Europeans and those who have been on a Sufi path for some time.

Many thanks to Nigel, Noor un nisa, Tajalli, Sarida, Aziz, Shams, Noor alima, Naqiba, and Aeolia.

1st Sunday of the Month On-Line Group, Farzana Marie-Helene, Noor alima Kim and Vayu Selma

The group meets on the first Sunday of the month for an hour and a half, beginning with an attunement, followed by shares offered by each group member. Each month there are teachings and practices around a particular theme. This is an open group, welcoming newcomers interested in the Inayatiyya teachings, and new people are met prior to them joining the group.

We are grateful to Vaju for joining the group, and the beautiful teachings she has offered this past year. As the group becomes more established, it allows for a deepening of sharing and support for one another.

3rd Sunday of the Month On-line Gatha's Group, Farzana and Noor alima.

This group meets on the 3rd Sunday of each month for an hour and a half, beginning with an attunement led by Farzana and Noor Alima and brief shares from group members. This is followed by different individuals leading consecutive chapters of the Gatha's. This year Cristina Salima, Colin Murjan, Glenn Majid, Sue Malika, Diana Collins, and Kate Shrewsday led chapters within the Gatha's. The group then finishes with sharing. The group has become more established this year, with a greater sense of dedication and commitment to the teachings.

Hereford Centre Online Group, Noor un Nisa Jacobs

Since Lockdown we meet online. A weekly group Usually 6 to 8 people though we have a membership of 12 who come only occasionally. I do not take donations I suggest donations go to the London Centre This year we have been studying Breath in the Gathas, Immortality by Pir Zia and some extracts in Volume One about the Sufi Path Not everyone is initiated, but there are 3 new people who wish to take the Asha initiation. Our demographic is very wide including Belarus, Latvia and Lithuania.

Online Sohbet Group, Aziz Dikeulias

I use Sufi teachings from Murshid, Pir Vilayat, Pir Zia, Ibn Arabi and other relevant philosophers/spiritual teachers that seem appropriate on themes that I find relevant, useful and inspiring. We are usually 10 - 20 participants exploring the theme, using very carefully selected music to go deeper beyond words and finally sharing in breakout rooms for about 15 minutes. Any questions are answered. For those who cannot join, and for those who want to listen again, a recording is sent automatically. The participants are mainly from the UK and Germany. This way of keeping in touch is efficient and, from the feedback, quite useful.

I intend to keep on offering it. I don't ask for payment, but they offer donations to the Inayatiyya UK.

'Leamington Spa' Online Meditation Group, Sarida Brown

We meet online every 2 weeks on Thursdays at 7.30pm UK time.

We put our name in inverted commas as our group draws us together from Virginia, Germany, Canada, and many parts of our UK country. We include a range of those interested in the sacred path: many have completed or are training with Pir Zia's Suluk course, and many are beginning their meditation path.

We open by honouring the presence of Mother Earth in our group, through an inspiring passage or poem offered by one of us. Then we receive deeply inspiring chants from Karim Hadden and Hakima Ryan. Usually we read together a text by Hazrat Inayat Khan, recent themes are: Spiritual Magnetism, Will-Power, Spiritual Democracy, Freedom of the Soul, The True Self. Sarida then leads practices and meditation inspired by the theme. There is often a space for people to share how we are moved by Murshid's teaching. We welcome others who would like to join us.

Bath Online Sufi Group, Munira Salomon

We meet every month, on the first Wednesday, with a regular group of 6-10 participants, although we always welcome newcomers!

We work on a thematic basis, exploring Murshid's teachings (and at times Pir Vilayat's and Pir Zia's) combined with relevant practices, and often sharing poems. We each add our own thoughts and experiences to the mix. Over the year, we worked on the themes of Faith, Breath, Divine Light and Concentration. After Pir Zia's weekend seminar, those of us who attended shared his teachings on the Archangels with the wider group. A big theme over the year – which has carried on into the current year, is working with the Subtle Centres, the Lataifs. We share the Spagyric Gyre and Alchemical Breaths, which is now becoming part of our regular practice.